



LOOKING AT LIFE AND WORK

Dwight Mason

How does a person achieve balance?

Knowing what to _____ on, and when, establishes the _____ you need to be successful and still keep your sanity.

HARVEST PRINCIPLE (Rory Vaden)

Harvest time is actually a natural state of _____ for a given period of time that is necessary to capitalize on the _____ and _____ of that time.

We run into problems with work and life because we have a skewed understanding of _____.

Balance isn't equal time spread across _____ priorities. It's appropriate time spread across _____ priorities.

Thinking of life as seasons helps provide _____.

Focus is _____.

When is your "harvest season"?

Rules of engagement to focus on during a harvest season to maximize your results:

- Act; don't _____.
- Literally move _____.
- _____, _____, and _____ during "non-income producing activity time."
- Make _____ decisions. Be the world's most decisive problem solver.
- Work _____, _____, and _____ than you ever have in your life.
- Do not _____ one single second.
- Have _____. Take what you do seriously, and yourself lightly.

When is your Harvest Season personally?

In your business? In your day?

How can working the harvest principal into the areas of your life help you?

You can do it.